

Summit Centre Fall 2025 (January 2 – May 17)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Running Hour 6-7am	Running Hour 6-7am	Running Hour 6-7am	Running Hour 6-7am	Running Hour 6-7am	See Amilia SmartRec for Program Pricing	*April 12 - May 17 Public Skate moves to 6:45-7:45PM Public Skate 12:30-1:30pm
Senior Skate 8:30-10am	Open Skate 8:30-10am	Open Skate 8:30-10am	Senior Skate 8:30-10am	Open Skate 8:30-10am		
Senior (55+) Walking Program 11am-12pm		Senior (55+) Walking Program 11am-12pm		Senior (55+) Walking Program 11am-12pm		
Stretch & Strength* 12-12:45pm		Stretch & Strength* 12-12:45pm				
Open Skate 1:30-2:30pm	Senior Hockey 55+ 12-1pm	Adult Hockey 18+ 12-1pm	Senior Hockey 55+ 12-1pm	Adult Hockey 18+ 12-1pm		
Public Skate 2:45-3:45pm			Public Skate 2:45-3:45pm			
Running Hour 9-11pm	Running Hour 9-11pm	Running Hour 9-11pm	Running Hour 9-11pm	Running Hour 9-11pm		

*Stretch & Strength starts Jan 19 and ends Feb 25

Arena

Walking Track/Community Room