



Seasonal Lifeguard/Swim Instructor

Recreation Department

Interested applicants, provided they meet the eligibility, should submit a resume and cover letter to Sherman St. Germain, Director of Finance & Human Resources, via email to hr@hampton.ca, in person at the Town Hall (front office), or to PO Box 1066, Hampton, NB, E5N 8H1. *Please include the reference number for all positions you would like to be considered for within your cover letter and the email subject line.*

Job Title:	Seasonal Lifeguard/Swim Instructor, Recreation Department Reference Job # 13002401
Reports To:	Pool Coordinator (Bridget Shephard) & Director of Recreation (Jessica Churchill)
Posting Date:	February 4 th , 2026
Posting Expiry Date:	Until positions are filled
Anticipated Start:	Positions start between May 11 th and June 22 nd , 2026
Job Summary	<p>The town of Hampton is seeking energetic and dedicated individuals to join our aquatic team as a Lifeguard/Swim Instructor for the summer season.</p> <p>As an integral part of our team, you will have the opportunity to deliver exceptional, engaging, and enjoyable program instruction. Additionally, you will be responsible for ensuring the safety and supervision of our patrons.</p> <p>We want YOU to be a part of a healthy, active lifestyle and demonstrate why, <i>It's Our Nature!</i></p>
DETAILED JOB DESCRIPTION ATTACHED	

*Criminal Record Check and Vulnerable Sector Check may be requested for
anyone 18 years of age or older.*

Job Description:

As a Lifeguard/Swim Instructor, you will dive into a position where your passion for safety meets the waves of opportunity! We're on the lookout for an individual with a love for teaching, a commitment to safety, and a knack for keeping cool under pressure – both figuratively and literally! As the steward of enjoyable experiences, your role will involve guaranteeing that each splash and dive is not just a memorable moment, but a safe one too. If you possess strong swimming skills, a discerning eye for potential incidents, and a dedication to fostering a fun environment, we invite you to join our team!

Responsibilities:

- Assist engaging town events such as Movies in the Pool, NB Day, and Canada Day events.
- Implement swim lesson plans tailored to different skill levels, ensuring a progressive and engaging learning experience for participants.
- Conduct assessments of participants' swimming abilities, identifying strengths and areas for improvement.
- Provide one-on-one or group instruction, offering constructive feedback and encouragement to foster skill development and confidence in the water.
- Monitor swimmers during lessons, enforcing safety protocols to create a safe learning environment.
- Maintain open communication with participants and guardians, keeping them informed of progress, goals, and any necessary adjustments to the lesson plan.
- Keep accurate records of participant progress, attendance, and any notable achievements or challenges,
- Maintain constant supervision over the swimming area, enforcing safety rules and regulations to ensure the well-being of all patrons.
- Respond swiftly in the event of emergencies, executing water rescues and administering first aid as needed.
- Coordinate with fellow lifeguards and emergency services to manage any critical incidents, demonstrating proficiency in CPR, AED usage, and other life-saving techniques.
- Proactively identify and address potential hazards, practicing preventive lifeguarding through effective communication and risk assessment.
- Regularly inspect and maintain rescue equipment to ensure its readiness, reporting any issues promptly for repairs or replacements.

Educations and Certification:

- Current Lifesaving Society National Lifeguard Certification
- Current Lifesaving Society Swim Instructor Certification
- Current Workplace Standard First Aid

Preferred Skills:

- A valid NB Driver's License is an asset.
- Flexibility to work flexible hours, including evenings, weekends, and holidays.
- Excellent communication and interpersonal skills, with a friendly and approachable demeanor.
- Ability to work independently as well as collaboratively within a team.
- Ability to foster a positive and friendly atmosphere by providing excellent customer service and addressing inquiries.