Age Friendly Committee – Meeting Minutes Wednesday, Nov 5, 2025 4:00 pm- Town Hall Board Room

Attendance: Lois Moore Debbie Hickey Bradford Rogers

Bev Furrow Sheree Trecartin Duncan McRae

Regrets: Robert Russell

1. Call to order: Bev Furrow called the meeting to order at 4:07pm

- 2. Call for any additions or changes to the agenda:
 - NONE
- 3. Approval of the agenda: Motion by Sheree Trecartin and seconded by Lois Moore to approve the agenda. No additional mentions. Motion Carried.
- 4. Approval of the previous minutes: *Motion by Lois Moore and seconded by Debbie Hickey to approve August 20th, 2025 minutes. All in favor. Motion Carried.*
- 5. Business Arising from the Previous Minutes:
 - No one went to the 2025 NB Age-Friendly Communities In-Person Conference.
 - On National Seniors Day we discussed what Recreation did to participate in this day. Recreation offered free programming to age-friendly residents all day at the Mike Murphy Memorial Fieldhouse.
 - Summit Centre Update: AFC celebrated the milestone of the new Summit Centre and the many programs that will accommodate Seniors and the public.

6. New Business:

- 2025 Age-Friendly Annual Report: Motion by Sheree Trecartin and seconded by Duncan McRae to approve the 2025 Age Friendly Annual Report. All in favor. Motion Carried. Annual Report was reviewed and led by Bradford Rogers. No additional discussion.
- Committee Update from Sheree Trecartin Sheree explained to the Committee that they will now be rolling the Age Friendly Committee under the umbrella of the Parks and Recreation Advisory Committee. This decision comes with much discussion and thought to better align their efforts with the Seniors Resource Centre and Nursing Homes Without Walls. Moving forward, the Age-Friendly Committee will be housed within the Parks and Recreation Advisory Committee to create a more effective and unified structure. Sheree explained the new board of the Seniors Resource Centre and their exciting addition of Gloria Baird on the board.
 - Committee had a variety of logistical questions but understood and accepted the change with enthusiasm.
- There was some further discussion about any updated information on Transportation around Hampton.
- Sheree invited the committee to the Volunteer Appreciation Night that's coming soon. Date and time are TBD.
- Sheree and the AFC Committee scheduled a Transition Meeting with Gloria Baird for

Nov. 26th at 4pm with Sheree Trecartin, Bev Furrow, and Bradford Rogers

- 7. Administrative Updates: NONE
- 8. Subcommittee Reports/Updates
 - None discussed
- 9. Action Items
 - NONE
- 10. Next meeting: NONE
- **11. Adjournment**: Bev Furrow called the meeting adjourned at 4:40pm

Beverly Furrow, Committee Chair

Bradford Rogers, Staff Representative



Age Friendly Community Committee

2025 Year End Report

As per Hampton Procedural By-Law each committee must:

to present to Council, on or before the last day of November in each and every year, for the information of Council and of the citizens generally as well as for the guidance of the committees of the following year, a general report (which may be part of regular report of the committee) of the state of the various matters referred to them or under their control during the year, the work or business done through or by each committee, and the expenditures made under their authority or supervision, stating the number of meetings held by each committee during the year, the number of meetings at which a quorum was present and the number of times each Member was absent, and containing suggestions regarding future action of the succeeding committees;

The following is the general report of the Hampton Age Friendly Community Committee from in the months from Nov 2024 to November 2025:

Number of Meetings (to date):	9
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2024 - Nov 06, Dec 04 // **2025**- Jan 08th, Jan 29th, Feb. 11th, April 02nd, June 4th, August 20th, November 5th.

Number of Special Meetings in 2024 (to date): 0

Number of Meetings without a quorum: 0

Members:	Attendance:
Sheree Trecartin- Chair & Council Rep.	7 of 9 meetings
Lois Moore	7 of 9 meetings
Paulette Haines	7 of 9 meetings (resigned May 2025)
Beverly Furrow	9 of 9 meetings
Duncan McRae	7 of 9 meetings
Debbie Hickey	9 of 9 meetings

Robert Russell 7 of 9 meetings

Jessica Churchill 1 of 9 meetings (Director of Recreation)

Lori McNiven - Staff 3 of 9 meetings (Admin. Assistant Parks & Facilities)

Bradford Rogers - Staff 7 of 9 meetings (Recreation Coordinator)

Mission Statement:

Building a community where all generations thrive

Age-Friendly Committee Highlights & Action Plans for 2024-2025

The following presentations, discussions, and action plans outline the ongoing work and priorities of the Age-Friendly Committee for 2024-2025:

• GenWell Presentation:

Paulette Haines presented the *GenWell* online session, which provided valuable insight into potential partnerships with Hampton stakeholders to address key topics such as accessible transportation, food security, social connection, and health services.

• GenWell Facilitation:

On **January 8, 2025**, Bobbie Breckenridge, *GenWell Presentation Facilitator*, gave an overview of the upcoming GenWell session. She outlined her role in guiding discussions and developing actionable strategies to address major community challenges in Hampton.

• Nursing Homes Without Walls Presentation:

On **April 2, 2025**, Kelly Blakney presented updates on *Nursing Homes Without Walls*, sharing new information on senior programming in Hampton and highlighting opportunities for collaboration.

• Improved Communication:

The committee discussed updated methods of communication to better reach and engage age-friendly residents.

• Accessible Infrastructure:

Discussion included enhancing age-friendly walking trails, sidewalks, and crosswalks—especially around the new Summit Centre facility.

• Transportation Initiatives:

On **February 22, 2025**, Robert Russell attended the *Urban Rural Rides* presentation to explore opportunities for improving transportation options for age-friendly citizens in Hampton.

• Summit Centre Completion:

The committee celebrated the completion of the *Summit Centre*, featuring a walking track, accessible washrooms, elevator, and a new 55+ *Walking Club*. A *Strength and Stretch* class was also launched, adding value to Hampton's age-friendly initiatives.

• Accessibility Improvements:

Several Hampton businesses participated in the Storefront Accessibility Improvement Program to enhance accessibility. In addition, the Mike Murphy Memorial Field House installed new accessible doors and a water fountain through a \$10,000 grant from the Government of New Brunswick's Inclusive Community Recreation Infrastructure Fund.

National Seniors Day:

In celebration of National Seniors Day, October 1st, 2025, residents aged 55+ enjoyed free programming at the Mike Murphy Field House-an initiative that was very well received.

• Program Participation:

The committee noted strong participation among age-friendly residents in pickleball, Senior Social, and roller-skating programs at the Mike Murphy Field House.

Collaboration with Seniors Resource Centre:

The committee explored opportunities to strengthen partnerships with the Seniors Resource Centre to enhance social connection, communication, and recreation opportunities for seniors.

• Community Recognition:

The Age-Friendly Committee purchased and dedicated a seat at the newly opened Summit Centre in recognition of its ongoing commitment to building an inclusive and accessible community.

Ongoing Consultation:

The committee will continue to provide input on transportation initiatives, outdoor accessible washroom facilities, and affordable housing strategies within the municipality.

• Provincial Collaboration:

In March 2025, Bradford Rogers attended the AFAC-NB Quarterly Meeting led by Brenda Lee, Community Coordinator for AFAC-NB. The meeting connected committees across provinces and featured presentations from the Manitoba Age-Friendly Communities team, who shared valuable insights, processes, and challenges relevant to Hampton's context.

• Committee Restructuring:

To strengthen coordination and efficiency, the committee has committed to aligning efforts with the Seniors Resource Centre and Nursing Homes Without Walls. Moving forward, the Age-Friendly Committee will be housed within the Parks and Recreation Advisory Committee to create a more effective and unified structure.