

**Age Friendly Committee- Meeting Minutes**  
**Wednesday, December 4, 2024**  
**4:00 pm- Town Hall Board Room**

**Attendance:** Paulette Haines                      Duncan McRae                      Robert Russell  
                    Bev Furrow                                      Debbie Hickey                      Lori McNiven  
                    Bradford Rogers

**Regrets:**                      Sheree Trecartin                      Lois Moore

1. **Call to order:** Bev Furrow called the meeting to order at 4:08 pm.

**Welcome and Introduction to Bradford Rogers, Hampton Recreation Coordinator**

2. **Call for Additions/changes to Agenda**
3. **Approval of the Agenda:** Bev called for a motion to approve the agenda as presented. **Moved by Paulette Haines and seconded by Debbie Hickey. All in favor. Motion carried.**
4. **Approval of the Previous Minutes:** Bev called for approval of the minutes of the November 6, 2024, meeting. **Moved by Debbie Hickey and seconded by Paulette Haines. All in favor. Motion Carried.**
5. **Administrative Updates**  
**Budget Review-**Bev created and presented an Excel spreadsheet which will track the Age Friendly Committee Budget and Expenses for the year 2025.
6. **Business Arising from the previous Minutes:**  
**Genwell Presentation in 2025 Discussion** -Committee members discussed items of importance for the upcoming GenWell Presentation in 2025 with a goal of creating a Community Action Plan and integrating a healthier more connected Hampton. The January 8<sup>th</sup>, 2025 Committee Meeting will focus on confirming date, time, location, create an invitation to welcome stakeholders. Paulette Haines will Invite Bobbie Breckenridge, GenWell Director to present a brief overview of GenWell Presentation at January meeting to Age Friendly Committee Members.
7. **New business:**
  - **Strategic Planning – F25 (November 1 2024 – October 31 2025)**
    - o Review Operations PlanBev presented the Age Friendly Action Plan from previous years, members viewed recommendations and the items of importance that may be outstanding within the pillars.

## **8. Subcommittee Reports/Updates**

### **-Committee updates**

**Communications**-Committee discussed and approved update by Riley Cosman, Communications Coordinator, to Age Friendly Community page on Hampton website. Discussed Age Friendly Action Plan and Agenda.

**Transportation**-Duncan transportation on hold for now. FRSC-find out data outcome and survey results from 2024 Transportation survey. Robert Russell meeting with SJ Transit in the future, discuss the options Hampton could provide and the options SJ Transit could in turn provide for Hampton.

#### **Action Items:**

Bev-CN contact for Duncan McRae

Communications Subcommittee-create invitation to present to stakeholders for GenWell

Lois-confirm location for GenWell presentation at Anglican Church

Paulette-reach out to Bobbie Breckenridge, GenWell Programming, invite to Jan 8th meeting

Committee members-Wellness Expo 2025-Spring or Fall

Duncan-contact Gary Crossman about his recent spearheading of Urban Rides in Hampton

**8. Next meeting:** Wednesday, January 8<sup>th</sup>, 2025 4:00 pm

**9. Adjournment:** Duncan McRae called the meeting adjourned at 5:09PM